

Canon of St. Andrew of Crete - Monday

PRIEST: Blessed is our God, always, now and ever and unto ages of ages.

READER: Amen, Glory to You, our God, glory to You.

O Heavenly King, the Comforter, the Spirit of Truth, You are everywhere and fill all things. Treasury of Blessings, and Giver of Life. Come and abide in us and cleanse us from every impurity and save our souls, O Good One.

Holy God! Holy Mighty! Holy Immortal! Have Mercy on us. (3x)

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Most Holy Trinity: have mercy on us. Lord: cleanse us from our sins. Master: pardon our transgressions. Holy One: visit and heal our infirmities, for Your Name's sake.

Lord, have mercy. (3x)

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

PRIEST: For Thine is the Kingdom and the Power and the Glory: of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages.

READER: Amen. Lord, have mercy. (12x)

Come, let us worship God our King! Come, let us worship and fall down before Christ, our King and our God!

Come, let us worship and fall down before Christ Himself, our King and our God!

PSALM 70

Be pleased, O God, to deliver me! O Lord, make haste to help me! Let them be put to shame and confusion who seek my life! Let them be turned back and brought to dishonor who desire my hurt! Let them be appalled because of their shame who say, "Aha, Aha!" May those who love Your salvation say evermore, "God is Great!" But I am poor and needy; hasten to me, O God! You are my Help and my Deliverer; O Lord, do not tarry!

Heirmos 1: A helper and a protector, He has become my salvation. He is my God, I will glorify Him; my fathers' God, I will exalt Him, for greatly has He been glorified.

Refrain: *Have mercy on me, O God, have mercy on me.*

(Priest): How shall I begin to mourn the deeds of my wretched life? What can I offer as first-fruits of repentance? In Your compassion, O Christ, forgive my sins.

(Choir): *Have mercy on me, O God, have mercy on me.*

Come, my wretched soul, and confess your sins in the flesh to the Creator of all. From this moment forsake your former foolishness and offer to God tears of repentance.

Have mercy on me, O God, have mercy on me.

My transgressions rival those of first-created Adam, and because of my sins I find myself naked of God and of His everlasting Kingdom.

Have mercy on me, O God, have mercy on me.

Alas, my wretched soul, why are you so like Eve? You see evil and are grievously wounded by it; you touch the tree and taste heedlessly of its deceiving fruit.

Have mercy on me, O God, have mercy on me.

Instead of the person of Eve I have with my inward being an "Eve" of passionate thoughts which though seemingly sweet never lose their bitter taste.

Have mercy on me, O God, have mercy on me.

For failing to observe just one of Your commandments, O Savior, Adam was justly exiled from Eden. What then shall I suffer for continually ignoring Your words of life?

Glory to the Father, and to the Son, and to the Holy Spirit.

O Trinity, above all essence and worshipped as One God, take from me the heavy burden of sin, and since You are compassionate grant me tears of repentance.

Now and ever, and unto ages of ages. Amen.

O Theotokos, Hope and Protection of those who sing to you, take from me the heavy burden of sin and as our pure Lady accept me as I repent.

Heirmos 2: Attend, O heavens, and I shall speak and sing in praise of Christ, Who from a Virgin came to us in the flesh.

Have mercy on me, O God, have mercy on me.

Listen O Heaven, and I will speak, O Earth, hear the cry of one returning to God and sing His praises.

Have mercy on me, O God, have mercy on me.

Look down on me in your mercy, O compassionate God and Savior, and accept my fervent confession.

Have mercy on me, O God, have mercy on me.

More than all I have I sinned; I alone have sinned against You, O God my Savior, but have compassion on me, Your creature.

Have mercy on me, O God, have mercy on me.

Through love of pleasure has my form become deformed and the beauty of my inward being has been ruined.

Have mercy on me, O God, have mercy on me.

O Compassionate One, as You saved Peter when he was about to sink, so reach out now to me, for a storm of evil surges around me.

Have mercy on me, O God, have mercy on me.

O Savior, I have defiled the garment of my flesh and polluted that which You fashioned within me according to Your own image and likeness.

Glory to the Father, and to the Son, and to the Holy Spirit.

O God of all, I sing to You as One yet three in Persons: Father, Son, and Holy Spirit.

Now and ever, and unto ages of ages. Amen.

O Most Holy Theotokos, Virgin alone praised everywhere, pray fervently that we may be saved.

Heirmos 3: On the unshaken rock of your commandments, O Christ, establish my wandering mind.

Have mercy on me, O God, have mercy on me.

The Lord once caused fire to rain down from heaven, O my soul, and the land of Sodom was consumed.

Have mercy on me, O God, have mercy on me.

Save yourself from sin, O my soul! Like Lot on the mountain, take timely refuge in the town of Zoar.

Have mercy on me, O God, have mercy on me.

Run from the flames, O my soul! Run from the burning of Sodom! Run from the destruction caused by fire sent from God!

Have mercy on me, O God, have mercy on me.

O Christ my Savior, I have sinned more than anyone; I alone have sinned against You, yet do not forsake me!

Have mercy on me, O God, have mercy on me.

As a Good Shepherd search for me, Your sheep who has gone astray, and do not forsake me.

Have mercy on me, O God, have mercy on me.

You are the sweet Jesus, You are my Creator: in You, O Savior, I shall be justified.

Glory to the Father, and to the Son, and to the Holy Spirit.

O God – Trinity yet One – save us from delusions, temptations, and misfortunes!

Now and ever, and unto ages of ages. Amen.

Rejoice, O Womb which received God! Rejoice, O Throne of the Lord! Rejoice, O Mother of our Life!

Heirmos 4: The prophet heard of your coming and was afraid, O Lord; how you were to be born of a Virgin and revealed to men; and he cried out: I have heard the report of you, and I was afraid. Glory to your strength, O Lord!

Have mercy on me, O God, have mercy on me.

Do not forget Your saving acts, O Righteous Judge, or turn away from Your Creatures, but in Your compassion forgive me, though I have sinned more than all. For Yours is the power to remit the sins of all.

Have mercy on me, O God, have mercy on me.

The end is approaching, O my soul – it is approaching! So why do you not care or prepare yourself for it? Arise! The time is short! The Judge already stands at the door. Life is vanishing like a dream – so why do you continue living in vanity?

Have mercy on me, O God, have mercy on me.

Arise, O my soul, and reveal the evil things you have done. Ponder them well and allow your tears to flow. Then confess your deeds and thoughts openly to Christ, and He will make you righteous.

Have mercy on me, O God, have mercy on me.

There has never been a sin, a deed, an evil act which I have not cherished, O Savior. I have sinned in my thoughts, my words, and my deeds – and no one has sinned more than I.

Have mercy on me, O God, have mercy on me.

Despair condemns me in the tribunal of my conscience where judgment is harsher than by any law on earth. O my Judge – who created and redeemed me – spare, deliver, and save me Your servant.

Have mercy on me, O God, have mercy on me.

The ladder which long ago Jacob the great Patriarch saw is for you, O my soul, an image to consider. The bottom most rung is a first step towards doing the will of God, while those which follow lead to a true knowledge of Him. Therefore, renew your life if you wish to do God's work, to receive knowledge and insight.

Glory to the Father, and to the Son, and to the Holy Spirit.

I confess You as One God in Trinity, a single essence unconfused in Persons, co-enthroned and co-ruling, And I sing to You: "Holy, Holy, Holy," Father, Son, and Holy Spirit!

Now and ever, and unto ages of ages. Amen.

As a virgin you gave birth, and a Virgin you remained by nature, your womb giving birth painlessly, for He Who was born of you renewed the laws of nature, since when God wills, the order of nature is overthrown.

Heirmos 5: Keeping vigil through the night, O Lover of mankind, I pray you: enlighten me, and guide me in your commandments, and teach me, O Savior, always to do your will.

Have mercy on me, O God, have mercy on me.

In the darkness of night has my whole life passed, amidst shadowy delusions I cannot escape. But, O Savior, make me now a child of the day.

Have mercy on me, O God, have mercy on me.

My soul is in despair, for like Reuben who defiled his father's bed, I have disobeyed the will of God my Father by defiling His image within me.

Have mercy on me, O God, have mercy on me.

I confess my sins to You, O Christ, my King: like Joseph's brothers have I sold into slavery, him who was chaste and pure.

Have mercy on me, O God, have mercy on me.

As an image of our Lord was that righteous soul cast out by his brothers and sold into slavery, while you, O my soul, have sold yourself into your own evil hands.

Have mercy on me, O God, have mercy on me.

O suffering and hopeless soul, imitate the purity of mind in righteous Joseph, and do not sin by being led astray by irrational desires.

Have mercy on me, O God, have mercy on me.

Joseph's being placed in a pit formed an image of Your burial and resurrection, O Lord and Master. Will I ever be able to endure such things for Your sake?

Glory to the Father, and to the Son, and to the Holy Spirit.

We glorify You, O Trinity, One in essence, and we praise and adore You forever, singing: "Holy, Holy, Holy," – Father, Son, and Holy Spirit.

Now and ever, and unto ages of ages. Amen.

God, the Creator of all things, became incarnate through you, O Pure Virgin Mother, uniting our human nature to Himself.

Heirmos 6: From the depths of hell I cried with all my heart to the merciful God, and He heard me, and He raised up my life from corruption.

Have mercy on me, O God, have mercy on me,

I offer You, O Savior, sincere tears and the deepest groaning of my soul, crying from the heart: “O God, I have sinned against You, be merciful to me.”

Have mercy on me, O God, have mercy on me.

When Dathan and Abiram defiled Moses and turned from the Lord, the earth opened to swallow them. Now you, my soul having turned from the Lord as well, must cry with your whole heart from the depths of hell to be spared, lest you share their lot.

Have mercy on me, O God, have mercy on me.

Having lived as a stubborn mule, O my soul, like that idol-worshipper Ephraim, now as an agile deer, flee the hunters and save your life, strengthening it with good deeds, wisdom and prayer.

Have mercy on me, O God, have mercy on me.

Be assured, O my soul, that as God was able to turn Moses’ hand white with disease and cleanse it once again, so can He also cleanse and purify a diseased life. Therefore, do not despair of yourself even though infected with many sins.

Glory to the Father, and to the Son, and to the Holy Spirit.

“I AM the Trinity, simple and undivided in essence, yet distinct in Persons. I AM also the Unity, united in nature,” says God, the Father, the Son, and the Holy Spirit.

Now and ever, and unto ages of ages. Amen.

Your womb, O Theotokos, held God who for our sakes took human form. Implore Him, the Creator of all, that through your prayers we may be justified.

Kontakion in Tone 6:

My soul, my soul arise! Why are you sleeping? The end is approaching and you will be confounded. Awake then, and be watchful, that you may be spared by Christ God, Who is everywhere present and fills all things.

Heirmos 7: We have sinned, we have transgressed, we have done evil in your sight. We have not kept or followed your commandments. But do not reject us utterly, O God of our fathers.

Have mercy on me, O God, have mercy on me.

I have sinned, I have erred, I have rejected Your commandments. I have increased in sin and added to the wounds of my soul. But in Your compassion, be merciful to me, O God of our Fathers.

Have mercy on me, O God, have mercy on me.

I have confessed to You, my Judge, the secrets of my heart. See my humility, my distress – and give me now Your judgment, in Your compassion being merciful to me, O God of our Fathers.

Have mercy on me, O God, have mercy on me.

Saul lost his father’s flock and found himself suddenly proclaimed King of Israel. Watch, O my soul, lest your animal instincts now block you from the Kingdom of Christ.

Have mercy on me, O God, have mercy on me.

David was a Forefather of the Lord, O my soul, yet sinned doubly by committing both murder and adultery. Your sickness, however, is even worse than his deeds because of your impulsive will.

Have mercy on me, O God, have mercy on me.

David, though once compounding his sins – by first murdering a man and then stealing his wife was quick to repent of both. You, however, O my soul, have done worse things than he, yet never repented of them before the Lord.

Have mercy on me, O God, have mercy on me.

David once showed us the image of true repentance in a Psalm he wrote exposing all he had done. “Be merciful to me and cleanse me!” he wrote, “For against you only have I sinned – the God of our Fathers.”

Glory to the Father, and to the Son, and to the Holy Spirit.

Simple and undivided, One in essence and nature, Light and Lights, one Holy and three Holies – God is praised as Trinity. So sing praises to Him, O my soul, and glorify the Life and Lives, the God of all.

Now and ever, and unto ages of ages. Amen.

We praise you, we bless and venerate you, O Theotokos, for from the undivided Trinity you brought forth the only Son of God and restored to us on earth the heavenly realms.

Heirmos 8: The hosts of heaven to Him give glory. The cherubim and seraphim before Him stand in awe. Let every breath and creature praise Him, bless Him, and exalt Him throughout all ages.

Have mercy on me, O God, have mercy on me.

O Savior, I have sinned! Now convert my soul and receive me in repentance as I cry: “Against You only have I sinned and lived lawlessly. Have mercy on me!”

Have mercy on me, O God, have mercy on me.

Remember, O my soul, how Elijah once drove the fiery chariot into heaven, abandoning all earthly cares by perfection in every virtue.

Have mercy on me, O God, have mercy on me.

Elisha inherited a double portion of prophetic spirit when Elijah’s mantle fell from heaven upon him. But how can you, O my soul, hope to share in such graces, not yet having learned to control your love of worldly pleasures?

Have mercy on me, O God, have mercy on me.

Once the river Jordan was divided when Elisha struck its waters with Elijah’s mantle. But how can you hope to share in such wonders, not yet having learned to control your love of worldly pleasures?

Have mercy on me, O God, have mercy on me.

The wealthy woman of Shunem showed her good will by entertaining the righteous Elisha, but you, O my soul, receive neither strangers nor travelers, and will find yourself an alien – cast out of the bridal chamber of Christ.

Have mercy on me, O God, have mercy on me.

When Elisha cured Naaman of a dread disease he asked no price in return. But you, my soul, have imitated his wicked servant Gehazi, who sought money in his master’s name. Abandon such greed before the end, lest you be cast into the eternal fire.

Let us bless the Father, Son and Holy Spirit, the Lord.

O Eternal Father, Co-eternal Son, and gracious Comforter, the Spirit of Truth: O Father of the Divine Word, Word of the eternal Father, and life-creating Spirit – Trinity in Unity, have mercy on us.

Now and ever, and unto ages of ages. Amen.

O Pure Virgin, the flesh of Emmanuel was formed within your womb as a robe of royal crimson is spun from scarlet silk. We proclaim you to be the Theotokos.

Heirmos 9: Conception without seed; birth past understanding, from a mother who never knew a man; childbearing undefiled. For nature is renewed by the birth of God. Therefore with true worship all generations magnify you as Mother and Bride of God.

Have mercy on me, O God, have mercy on me.

The inward being is wounded, my body is weak; my spirit is ill, and the word is powerless. Life is giving way to death and the end is near. What shall I do when the Judge comes and I must stand before Him?

Have mercy on me, O God, have mercy on me.

I have reminded you, O my soul, from the Books of Moses how the world was created, and from accounts throughout the Old Testament have shown examples of both the righteous and the unrighteous. But of these you have imitated the latter rather than the former, and thereby sinned against your God.

Have mercy on me, O God, have mercy on me.

The Law has no power over you, O my soul. You have made the Gospel fruitless, scorned the Scriptures and reaped for yourself no value from the Prophets or the writings of the Just. Your wounds have increased and you have no physician to heal you.

Have mercy on me, O God, have mercy on me.

Therefore, O my soul, I will remind you of examples from the New Testament to lead you to contrition. Imitate the righteous and shun the ways of sinners that through prayer, fasting, purity, and reverence you may obtain the mercy of Christ.

Have mercy on me, O God, have mercy on me.

Christ became a man, taking our flesh and of His own free will enduring everything which pertains to our human nature (except sin). He has shown you an example – the image of His own condescension.

Have mercy on me, O God, have mercy on me.

After He had fasted forty days in the wilderness, hunger revealed the Lord's human nature. Therefore, O my soul, do not despair if the Enemy attacks you, for it is only through prayer and fasting that he shall be defeated.

Glory to the Father, and to the Son, and to the Holy Spirit.

We glorify the Father, we exalt the Son, and we worship the Holy Spirit – the indivisible Trinity Who exists as One – the Light and Lights, the Life and Lives Who grants light and life to the ends of the world.

Now and ever, and unto ages of ages. Amen.

O Purest Theotokos, preserve your people, for through you are we kept faithful, strengthened, and made able to overcome every temptation, trial, and tribulation.

O Venerable Father Andrew, pray unto God for us.

O Honorable Andrew, thrice-blessed Father and Pastor of Crete, never cease praying to God for those who sing your praises, that He may deliver from anger, sorrow, corruption, and countless sins all of us who faithfully honor your memory.

Conception without seed; birth past understanding, from a mother who never knew a man; childbearing undefiled. For nature is renewed by the birth of God. Therefore with true worship all generations magnify you as Mother and Bride of God.

Compline

Psalm 4

READER: Answer me when I call, O God of my right! You gave me room when I was in distress. Be gracious to me, and hear my prayer. O people, how long will you be slow of heart? How long will you love vain words, and seek lies? You know that the Lord has magnified his holy one. The Lord hears me when I call to him. Be angry, but sin not; commune with your own hearts on your beds, and be silent. Offer right sacrifices, and put your trust in the Lord. There are many who say, "Who will show us some good? The light of your countenance has been marked on us, O Lord!" You have put more joy in my heart than they have when their grain and wine and oil abound. In peace I will both lie down and sleep; for you alone, O Lord, make me dwell in safety. Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen. Alleluia! Alleluia! Alleluia! Glory to You, O God! (3x)

PRIEST: God is with us! Understand, O nations, and submit yourselves, for God is with us!

CHOIR: God is with us! Understand, O nations, and submit yourselves, for God is with us!

PRIEST: Hear this, all you ends of the earth!

Submit yourselves, you mighty ones!

Even if your strength returns, you shall be overthrown once more.

If you take counsel together, the Lord will scatter you.

If you speak a word, it will never stand, even among yourselves.

We do not fear your threats, nor are we troubled. For the Lord our God is holy, and him will we fear.

If I trust in him, he will be my sanctification. I will wait for him; he will save me.

Behold, I and the children God has given me.

The people who walked in darkness have seen a great light.

Those who dwell in the land of the shadow of death, on them has a light shined.

For unto us a Child is born; unto us a Son is given.

And the government shall be upon his shoulder.

And of his peace, there shall be no end.

And his name shall be called the Angel of Great Counsel. Wonderful, Counselor.
Mighty God, Everlasting Father, Prince of Peace.
The Father of the world to come.
Submit yourselves, you mighty ones!
Even if your strength returns, you shall be overthrown once more.
If you take counsel together, the Lord will scatter you.
If you speak a word, it will never stand, even among yourselves.
We do not fear your threats, nor are we troubled. For the Lord our God is holy, and him will we fear.
Glory to the Father, and to the Son, and to the Holy Spirit.
Now and ever and unto ages of ages. Amen.
God is with us! Understand, O nations, and submit yourselves, for God is with us!
CHOIR: God is with us! Understand, O nations, and submit yourselves, for God is with us!

The Troparia of Thanksgiving

READER: Now that the day is over, I thank you, O Lord, and I pray that I may pass the evening and the night without sin. Grant this, O Savior and save me. Glory to the Father, and to the Son, and to the Holy Spirit. Now that the day is over, I glorify you, O Master, and I pray that I may pass the evening and the night without giving offense. Grant this, O Savior, and save me. Now and ever, and unto ages of ages. Amen. Now that the day is over, I praise you, O Holy One, and I pray that I may pass the evening and the night without temptation. Grant this, O Savior, and save me.

The Creed

PEOPLE: I believe in one God, the Father Almighty, maker of heaven and earth and of all things visible and invisible. And in the Lord Jesus Christ, the Son of God, the only-begotten, begotten of the Father before all ages. Light of light; true God of true God; begotten, not made; of one essence with the Father, by Whom all things were made; Who for us men and for our salvation came down from Heaven, and was incarnate of the Holy Spirit and the Virgin Mary, and became man. And He was crucified for us under Pontius Pilate, and suffered, and was buried. And the third day He arose again, according to the Scriptures, and ascended into Heaven, and sits at the right hand of the Father; and He shall come again with glory to judge the living and the dead; Whose Kingdom shall have no end. And in the Holy Spirit, the Lord, the Giver of Life, Who proceeds from the Father; Who with the Father and the Son together is worshipped and glorified; Who spoke by the prophets. In one Holy, Catholic, and Apostolic Church. I acknowledge one baptism for the remission of sins. I look for the resurrection of the dead and the life of the world to come. Amen.

The Intercessions

[The following invocations are sung antiphonally between priest and choir.]

PRIEST: O All-Holy Sovereign Lady, Theotokos, pray for us sinners.
O heavenly hosts of angels and archangels, pray for us sinners.
O holy John, Prophet and Forerunner and Baptist of our Lord, Jesus Christ, pray for us sinners.
O holy, glorious apostles, prophets and martyrs, and all you saints, pray for us sinners.
O our holy God-bearing fathers, mothers, pastors, and teachers of the universe, pray for us sinners.
O Holy Apostle Paul, pray for us sinners.
O Blessed Father Herman, pray for us sinners.
O Holy Hierarch Innocent, pray for us sinners.
O Invincible, Ineffable, and Divine power of the Honorable and Life-Giving Cross, forsake not us sinners.
O God, cleanse us sinners. (2x)
O God, cleanse us sinners and have mercy on us.

CHOIR: Lighten my eyes, O Christ God, that I sleep not unto death, lest my enemy say: I have prevailed against him.

READER: Glory to the Father, and to the Son, and to the Holy Spirit.

CHOIR: Be the Defender of my soul O God, for I walk amid a multitude of snares. Deliver me from them and

save me, O Good One: for You love mankind.

READER: Now and ever, and unto ages of ages. Amen.

CHOIR: Since we have no boldness because of our many iniquities. O Virgin Theotokos, fervently entreat Him who was born of you. For the prayer of a mother avails much unto the goodness of the Master. Do not despise the petitions of us sinner, O All-Pure one, for He is gracious and mighty to save, for He willed to suffer for our sakes.

Psalm 143

READER: Hear my prayer, O Lord; give ear to my supplications. In your truth, answer me, in your righteousness. Enter not into judgment with your servant; for no one who lives is righteous before you. For the enemy has pursued me; he has crushed my life to the ground; he has made me sit in darkness like those long dead. Therefore my spirit faints within me; my heart within me is appalled. I remember the days of old; I meditate on all that you have done; I muse on what your hands have made. I stretch out my hands to you; my soul thirsts for you like a parched land. Make haste to answer me, O Lord, my spirit fails! Hide not your face from me, lest I be like those who go down to the Pit. Let me hear in the morning of your mercy, for in you have I put my trust. Teach me the way I should go, for to you have I lifted up my soul. Deliver me, O Lord, from my enemies! I have fled to you for refuge! Teach me to do your will, for you are my God! Let your good spirit lead me on a level path! For your name's sake, O Lord, you will give me life! In your righteousness you will bring me out of trouble! And in your mercy you will cut off my enemies, and destroy all my adversaries, for I am your servant. Answer me, O Lord, in your righteousness. Enter not into judgment with your servant. Let your good Spirit lead me on a level path!

The Lesser Doxology

READER: Glory to God in the highest; peace and goodwill among people on earth. We praise you, we bless you, we worship you, we glorify you, we give thanks to you because of your great glory: O Lord and King, heavenly God and Father Almighty; O Lord and only-begotten Son, Jesus Christ; and you, O Holy Spirit. O Lord God, Lamb of God, Son of the Father, you take away the sin of the world; have mercy on us. You take away the sins of the world; receive our prayer. You sit at the right hand of the Father; have mercy on us. For you alone are holy; you alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day will I bless you, and praise your name for ever and ever. O Lord, you have been our refuge from generation to generation. I said, Lord, have mercy on me; heal my soul, for I have sinned against you. O Lord, I have fled to you for refuge. Teach me to do your will, for you are my God. For with you is the fountain of life; in your light will we see light. Continue your mercy unto those who know you.

Grant, O Lord, that we may be kept this night without sin. Blessed are you, O Lord God of our Fathers, and praised and glorified is your name for ever. Amen.

Let your mercy be upon us, O Lord, for we have put our hope in you. Blessed are you, O Lord, teach me your statutes. Blessed are you, O Master, make me understand your statutes. Blessed are you, O Holy One, enlighten me with your statutes. Your mercy, O Lord, endures for ever; do not despise the work of your hands. To You belongs praise, to you belongs honor, to you belongs glory, to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Most holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for Your name's sake.

Lord, have mercy. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

PEOPLE: Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

PRIEST: For Thine is the kingdom, and the power, and the glory, of the Father and the Son and the Holy Spirit, now and ever, and unto ages of ages.

CHOIR: Amen.

The Praises

CHOIR: Remain with us, O Lord of Hosts. In affliction we have no other helper but Thee. O Lord of Hosts, have mercy on us. Praise God in His Sanctuary, praise Him in His mighty firmament. Remain with us, O Lord of Hosts. In affliction we have no helper but Thee. O Lord of Hosts, have mercy on us. Praise Him for His mighty deeds, praise Him according to His exceeding greatness. Remain with us, O Lord of Hosts. In affliction we have no other helper but Thee. O Lord of Hosts, have mercy on us. Praise Him with trumpet sound, praise Him with lute and harp. Remain with us, O Lord of Hosts. In affliction we have no other helper but Thee. O Lord of hosts, have mercy on us. Praise Him with timbrel and dance, praise Him with string and pipe. Remain with us, O Lord of Hosts. In affliction we have no helper but Thee. O Lord of Hosts, have mercy on us. Praise Him with sounding cymbals, praise Him with loud clashing cymbals. Remain with us, O Lord of Hosts. In affliction we have no other helper but Thee. O Lord of Hosts, have mercy on us. Praise God in His Sanctuary, praise Him in His mighty firmament. Remain with us, O Lord of Hosts. In affliction we have no other helper but Thee. O Lord of Hosts, have mercy on us. Glory to the Father, and to the Son, and to the Holy Spirit. O Lord, if we did not have Thy saints as intercessors and Thy merciful loving-kindness; how could we dare to praise Thee, O Savior, whom angels glorify ceaselessly; O Seer of hearts, have pity on our souls. Now and ever, and unto ages of ages. Amen. Great is the multitude of my transgressions, O Theotokos. I run to you, O Pure One, seeking salvation. Visit my ailing soul, and entreat your Son and our God, to grant me remission of the awful things I have done, O Only Blessed One. Do not forsake me throughout all the days of my life, O All-Holy Theotokos. Do not turn me over to the protection of men, but help me and have mercy on me. All my hope have I placed in you, O Holy Theotokos. Protect me beneath your veil.

READER: Lord, have mercy. (12x)

The Prayer of the Hours

In every season and at every hour, in heaven and on earth, You are worshipped and glorified, O Christ God, long-suffering, great in mercy and compassion. You love the righteous and show mercy on sinners. You call everyone to salvation through the promise of blessings to come. Do You Yourself, O Lord, accept also our prayer at this hour and direct our lives according to Your commandments.

Sanctify our souls, purify our bodies, correct our thoughts, cleanse our minds, and deliver us from all affliction, evil and distress. Surround us with Your holy angels, that guarded and guided by them we may attain to the unity of the faith and to the knowledge of Your unapproachable glory; for You are blessed unto ages of ages. Amen.

Lord, have mercy. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

More honorable than the cherubim and beyond compare more glorious than the seraphim, without corruption you gave birth to God the Word. We magnify you, the true Theotokos.

In the name of the Lord, bless Father.

PRIEST: O God, be gracious to us and bless us. Make Your face shine upon us and have mercy on us.

READER: Amen.

The Prayer of St. Ephrem the Syrian

PRIEST and PEOPLE:

O Lord and Master of my life! Take from me the spirit of sloth, despair, lust of power and idle talk.

(Prostration)

But give rather the spirit of chastity, humility, patience and love to Thy servant. *(Prostration)*

Yea, O Lord and King! Grant me to see my own transgressions and not to judge my brother, for blessed art Thou, unto ages of ages. *(Prostration)*

O God, cleanse me, a sinner. (12x)

[Then the entire prayer of St. Ephrem is read and a single prostration is made at the end.]

The Prayer of Supplication to Our Lord Jesus Christ by the Monk Antiochus of the Pandect Monastery

PRIEST: Grant unto us, O Master, as we lay down to sleep, rest of both soul and body, and preserve us from the gloomy slumber of sin and from every dark and nocturnal passion. Calm the impulses of carnal desire, and quench the fiery darts of the Evil One which are craftily directed against us. Still our every earthly and material

desire, and grant unto us, O God, a watchful mind, chaste reason, a sober heart, and gentle sleep, free from every vision of the Devil. Raise us up again at the hour of prayer, strengthened in Your precepts, and holding steadfastly to Your commandments. Grant that all night long we may sing praises unto You, and may sing, bless and glorify Your all-honorable and majestic Name: of the Father, and of the Son, and of the Holy Spirit, now and ever and unto ages of ages.

READER: Amen.

PRIEST: O exceedingly glorious, ever-Virgin Theotokos, carry our prayers unto your Son and our God, and implore Him that, through you, He will save our souls.

A Prayer of St. Ioannikius

PRIEST: The Father is my Hope; the Son is my Refuge; the Holy Spirit is my Protector. O Holy Trinity, Glory to You.

CHOIR: Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen. Lord, have mercy, Lord, have mercy, Lord, have mercy. Father, Bless.

PRIEST: (while kneeling, faces the people saying:)

O Master, great in mercy, Lord Jesus Christ our God; through the prayers of our all-pure Lady, the Theotokos and ever-virgin Mary; through the might of the precious and Life-Giving Cross; through the prayers of the honorable Bodiless Powers of Heaven; of the honorable, glorious Prophet, Forerunner and Baptist, John; of the holy, glorious and all-laudable Apostles; of the holy, glorious and gloriously triumphant Martyrs; of our venerable and God-Bearing Fathers; of the holy, righteous Ancestors of God, Joachim and Anna; of our venerable Father Herman, Elder and Wonderworker of Alaska; and the Saints who have shone forth in North America; and of all the Saints: Make our prayer acceptable. Grant unto us remission of our iniquities. Hide us under the shadow of Your wings. Drive far from us every foe and adversary. Give peace to our life. Have mercy upon us and upon Your world, O Lord, and save our souls, forasmuch as You are merciful and love mankind.

CHOIR: Amen.

PRIEST: Pray for me, Brothers and Sisters. Forgive me, a sinner. (*Prostration*)

PEOPLE: May God forgive you, Father (*Name*), and forgive us, also. For He is a forgiving God.

PRIEST: Let us pray for His Beatitude, our Metropolitan (*Name*); for His (Eminence) Grace, our (Arch)Bishop(*Name*); for the whole episcopate of the Orthodox Church in America; for the honorable priesthood, those in monastic orders, the diaconate in Christ, and for all the clergy and the people:

PEOPLE: Lord, have mercy. (*Repeat softly throughout all petitions*)

PRIEST: For the President of our country, for all civil authorities, and for our armed forces:

For those who hate us and those who love us:

For those who are kind to us and those who serve us:

For those who have asked us to pray for them, unworthy though we may be:

For the release of prisoners:

For those who are absent for worthy cause:

For those who are traveling by land, by sea or in the air:

For those who lie in sickness:

For the abundance of the fruits of the earth and for seasonable weather:

For those who are persecuted for the Faith:

For every soul of Orthodox Christians:

For the Orthodox bishops and for the founders and benefactors of our seminaries, monasteries, and chapels of prayer of our holy Church and for the staff, the teachers, servers and the confessors who labor therein:

For the founders and benefactors of this holy temple (or house, or habitation) and for those who labor, serve, and sing herein:

For our parents and brethren and for all Orthodox believers departed this life before us, who here, and in all the world lie asleep in the Lord:

And let us say also for ourselves:

PEOPLE: Lord, have mercy, Lord, have mercy, Lord, have mercy.

PRIEST: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy upon us.

PEOPLE: Amen, Amen.